

May 2017

Lewis S. Mills High School & Har-Bur Middle School

LUNCH

Substitute Cafeteria Positions now available.
Please call 860-673-2538 for more information.

"This Institution is an Equal Opportunity Provider"

Lunch Price - \$3.15 Milk Price \$.50 Boar's Head Deli Lunch - \$3.65
Grill Station, Hot Sandwich & Pizza Station Daily
Fresh Fruits & Vegetables
Menu Subject to Change/Alternate Lunch Available



Monday

WG Cheese Calzone **1**
Tomato Sauce
Power Greens Salad
Choice of Fruit
Milk

French Toast Sticks **8**
Sausage
Orange Slices
Choice of Fruit, Milk

Double Cheese Toasted **15**
Cheese Sandwich
Oven Baked Fries
Choice of Fruit, Milk

Egg/Bacon/Cheddar on **22**
Croissant
Baked Potato Tots
Freshly Baked Berry Crisp
Choice of Fruit, Milk

 **29**

Tuesday

Twin Beef Tacos, Crunch **2**
Corn and Black Beans
Choice of Fruit
Milk

BBQ Pork Sandwich **9**
Broccoli Salad
Potato Wedges
Choice of Fruit, Milk

Asian Chicken **16**
Broccoli
Brown Rice
Choice of Fruit, Milk

Soft Chicken Taco **23**
Salsa
Corn and Black Beans
Choice of Fruit, Milk

Cowboy Cheeseburger **30**
(BBQ & Cheddar) On WG Bun
Coleslaw
Onion Rings
Choice of Fruit, Milk

Wednesday

Pasta w/ Sausage **3**
Cacciatore
Roasted Italian Vegetables
Choice of Fruit
Milk

Cheesy Pizza Dunkers w/ **10**
Mozzarella Cheese
Marinara Dipping Sauce
Fresh Cucumber and Tomato
Salad, Choice of Fruit, Milk

Rigatoni Bolognese **17**
Roasted Vegetables
WG Bread Stick
Choice of Fruit, Milk

Pasta w/ Meatballs **24**
Caesar Salad
WG Bread Stick
Choice of Fruit, Milk

Chicken Parmesan & **31**
Pasta, Roasted Zucchini and
Cherry Tomato
Italian Bread
Choice of Fruit, Milk

Thursday

Home Style Chicken **4**
Tenders, Roasted Red Potatoes
Fresh Green Beans
WG Biscuit
Choice of Fruit, Milk

Southern Crispy Chicken **11**
And Waffles
Spicy Maple Syrup
Fresh Fruit Salad
Choice of Fruit, Milk

Buffalo Chicken Wrap **18**
Coleslaw
Oven Baked Fries
Choice of Fruit, Milk

Crispy Chicken/Bacon & **24**
Ranch on WG Roll
Pasta Veggie Salad
Choice of Fruit, Milk



Friday

Cheese Pizza or **5**
Southwestern Pizza
Mixed Greens with Pear and
Cranberries
Choice of Fruit, Milk

Cheese Pizza or **12**
Buffalo Chicken Pizza
Garden Salad
Choice of Fruit, Milk

Cheese Pizza or **19**
Veggie Pizza
Garden Salad
Choice of Fruit, Milk

Cheese Pizza or **26**
Grilled Chicken and
Broccoli Pizza
Caesar Salad
Choice of Fruit, Milk